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Green construction isn't just a phase, it is here to stay

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With oil spills happening on the Gulf Coast it makes us all aware that we should be making smarter choices in preserving our precious natural resources. My company, Energy Engineering, Inc. has been thinking that that way for 25 years. We are a Green Building Mechanical contractor that offers geothermal systems, co-generation, and web based building controls for all your building needs. We also offer consulting with Owners, Architects, and Engineers regarding green choices during design development.

We need to make smart choices for an environmentally friendly workplace by recycling, using energy efficient lighting, and making the right decisions in choosing carpeting or flooring made with recycled products and furniture made with sustainable materials.

During these hot summer months, everyone needs to save money and create a happy and comfortable environment for our employees by following these simple tips: keep the sun out - shading windows with blinds will help keep offices cooler, keep the lights down, and set the thermostat to 74 degrees to remove the necessary humidity and keep the offices comfortable for all.

I am a firm believer that green construction isn't just a phase, is here to stay and to that end I am a member of the Green Building Committee of the Associated Builders and Contractors of Massachusetts which is affiliated with the Gould Construction Institute and offers a green training program that is fully accredited by the Massachusetts Department of Elementary and Secondary Education. I've been involved in the town of Holliston's School Building and Recycling Committees and am currently president of Trout Unlimited of Central Massachusetts - a nationwide conservation group.

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