

Retro Fitness opens 14,300 s/f gym at East Meadow Commons

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Retro Fitness has opened a new 14,300 s/f gym in the East Meadow Commons shopping center located on the north side of Hempstead Tpke. at Wantagh Parkway. Headquartered in Colts Neck, N.J., Retro Fitness is a 120-store chain with locations on the East Coast from Mass. to Fla. The gyms offer a low-cost, high value concept that gives members a gym experience for \$19.99 a month.

Nassimi Realty began major renovations and expansion of the 52,000 s/f East Meadow Commons in 2006, converting a former roller skating rink into 30,000 s/f of retail space and a former Pep Boys center into a high end multi-store building.

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