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Professional Profile: Clayton Fowler 2013

April 18, 2013 - Connecticut

Name: Clayton Fowler

Title: Chairman & CEO

Company: Spinnaker Real Estate Partners LLC

Location: Norwalk, CT

Place of birth: New York, NY

Family: Married with four children

College: Princeton University

First job unrelated to your current field: Outward Bound Instructor, Hurricane Island Outward Bound School, Camden, Maine

First job in current field: Atlas Construction, Stamford, CT

What your firm does now and its plans for the future? Spinnaker Real Estate Partners LLC owns, develops and manages mixed-use, commercial, and multi-family properties in Connecticut, New York, Oregon, and Missouri. Guided by a steadfast commitment to sustainable and green building, the company's urban redevelopment projects focus on creating vibrant communities that connect people, housing, business, jobs, and recreation.

Hobbies: Golf, sailing, skiing, tennis, paddle tennis, carpentry, gardening and reading.

Favorite novel: Ken Follett's "The Pillars of the Earth"

Favorite film: Mel Brooks' "The Princess Bride"

Keys to success: Focus and flexibility, but always with a smile.

Person(s) you most admire (outside of family): Sir Ernest Shackleton

If you had to choose a different profession, what would it be? Oceanographer or maybe becoming an Outward Bound instructor again.