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The Congress Companies selected to build 62,500 s/f building

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Congress Building Corp. has been selected by repeat client, LCB Senior Living, LLC, to provide construction management services and serve as the general contractor for The Residence at Brookside, a senior housing community being developed.

Situated on a three-acre site, the new 62,500 s/f building located at 117 Simsbury Rd., will include 74 assisted living, independent living and Reflections Memory Care apartments. The site will be fully landscaped and will include a park for public use along Simsbury Rd.

Designed in a traditional New England style with Connecticut Brownstone elements, the community will feature comfortable lounges, libraries, a walking courtyard, full-service restaurant and other signature high standard amenities designed to keep residents active and engaged.

Independent living apartments will have kitchenettes and private baths and residents will enjoy 24-hour security, three gourmet meals a day prepared and served restaurant style, available laundry and cleaning services, a full activities program and a variety of optional services. Residents in the assisted living area will enjoy all of the above-mentioned amenities and services as well as assistance with activities of daily living including bathing and dressing, medication reminders and other services as needed.

The Reflections Memory Care program at The Residence at Brookside will engage residents with early stage Alzheimer's disease and other memory impairments in meaningful, therapeutic activities focused on their strengths and capabilities. Reflections offers specialized cognitive programming in a separate, secure environment with its own common areas, courtyard and other amenities.

The Residence at Brookside is scheduled for completion in early 2015.

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