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Vantage Builders completes 3,200 s/f build-out for CYCL3

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Burlington, MA Vantage Builders, Inc., a general contracting and construction firm based in Waltham, Mass., has completed the build-out of the first location of CYCL3, the next-generation of indoor cycling, located at 112 Mall Rd.

Vantage Builders built the 3,200 s/f location, which includes a fitness studio, reception area and shower/changing facilities. The studio opened on June 3.

“We are thrilled to bring a new level of excitement and exercise to the Greater Boston area with CYCL3,” said Kelsey Curtin, general manager, CYCL3. “It’s a low impact, high intensity interval training that feels more like a high-energy dance party than a workout class. What sets our studio apart are our dynamic instructors, spa-like facility, and custom bikes. We also pride ourselves on our high-level of customer service not usually found in an independent boutique fitness studio. The Vantage Builders team’s ability to manage the build-out process, from pre-construction and helping with permitting all the way through to finish work, was crucial in getting us open on time and within budget. It was a seamless experience from start to finish, just like one of our classes.”

Clients are greeted in the reception area, which features a custom-designed desk and neon lighting. New paint reflects the CYCL3 branding and messaging, while the flooring throughout includes luxury vinyl tile (LVT), painted epoxy and tile. Though class size is kept small, clients have access to two shower areas and four bathrooms.

The studio features 50 custom CYCL3 Stages SC2 bikes for classes that are intense, but designed for participants of all fitness levels.

Systems work for the project included the installation of a two-zone HVAC system with rooftop units that provides separate dedicated temperature control for the studio and the rest of the location. A new fire alarm and sprinkler system provides safety for the facility.

The project team included WB Engineers + Consultants. John Ferris of CBRE/New England Retail provided brokerage services for CYCL3.

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