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Lyman of Lyman Real Estate leases 11,750 to CrossFit, LLC

March 16, 2018 - Connecticut

Waterford, CT New London CrossFit, LLC, has leased 11,750 s/f of space at 132 Cross Rd. Ron Lyman, CCIM, Lyman Real Estate CEO, brokered both sides of the deal between Michael Penta of New London CrossFit and landlord James Wray of 132 Cross Road, LLC

The lease extends six years, ending December 31, 2023. The property is located between Rte. 85 and I-95, just off Exit 81. According to the branded fitness regimen's website, "CrossFit is constantly varied functional movements performed at high intensity." The global network of CrossFit affiliates numbers more than 13,000.

Lyman Real Estate Brokerage & Development, headquartered in Westbrook, represents commercial and residential buyers, sellers, landlords and tenants. For more than 30 years, the firm has been providing a full range of commercial brokerage and development services, and has helped bring prominent national and regional companies into the area.

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