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2018 Women in Construction: Kara Ruggeri, E.M. Duggan, Inc.

March 30, 2018 - Spotlights

Name: Kara Ruggeri

Postiont: Journeyman Plumber - Local 12

Company: EM Duggan, Inc.

Years in the A/E/C Industry: 34

Why the A/E/C Industry? I chose to go into plumbing because at a young age I knew that I wanted to work in a trade with my hands and be outside, I didn't want a desk job. I attended a trade school where I went through many fields and found plumbing the most challenging and knew it was for me.

Advice/Keys to Success: The advice I'd give to someone coming into the plumbing trade would be to be prepared to work extremely hard, as the work I do is not easy. Be prepared for early morning hours and going into work to do a very physically demanding job. The key to success is making sure your mind and body are prepared for a physically demanding job. If you have this mindset you will be successful.

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