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Vantage Builders completes 1,775 s/f build-out for Club Pilates Shrewsbury studio

February 22, 2019 - Retail

Shrewsbury, MA Vantage Builders, Inc. has completed the build-out of a new Club Pilates studio, located at 193 Boston Tpke., in the Lakeway Commons shopping center.

The 1,775 s/f studio features the latest Pilates equipment, including the Reformer, EXO-Chair, Bosu Ball, TRX Suspension Trainer, springboards and more. Club Pilates Shrewsbury offers more than 60 classes per week, in seven formats and four levels.

“One of the fastest-growing market segments that Vantage Builders has serviced over the past few years has been health and fitness,” said John Connor, principal, Vantage Builders. “We have renovated and built-out boutique studios, fitness centers and pools. The projects are very interesting and, even if they are small in size, are usually quite complex. We enjoyed helping get Club Pilates Shrewsbury up and running.”

Club Pilates Shrewsbury features a fitness studio, private training room and reception area. In order to create the proper space, designed by Dennis Colwell Architects, Vantage Builders conducted internal demolition and installed a new demising wall to separate Club Pilates from an adjacent suite.

Entering the studio, visitors are greeted by the bright, welcoming reception area, which features Club Pilates’ colorful design and branding. A retail section offers Pilates-related equipment and clothing.

Vantage installed a new suspended, ACT (acoustic ceiling tile) ceiling, luxury vinyl tile (LVT) flooring and wood base throughout the space. Systems work included new ductwork distribution from the existing rooftop HVAC unit, as well as plumbing. The new restroom is ADA-compliant, with sink, toilet, grab bars and hand dryer. A new security system and sprinkler system help ensure safety.

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