



CELEBRATING
55 YEARS

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2020 Women in Real Estate: Abigail Day, P.E., Associate Principal at Vantage Technology Consulting Group

September 25, 2020 - Spotlights



Abigail Day, P.E.
Vantage Technology Consulting Group

What is the best advice you have received, and who was it from?

Being an introvert doesn't mean you can't do great things. This isn't anything that was told to me specifically, but it is something I have observed over the years – not just in my career but also in the greater world around me. Albert Einstein, Rosa Parks, Meryl Streep, Naomi Osaka, Bob Persechini. We gain energy from solo reflection; large groups can be exhausting. While it can be hard for extroverts to understand because we are so different, introverts bring important skills to a company - being good listeners, being thoughtful, and understanding the big picture and how the pieces come together.

New England Real Estate Journal - 17 Accord Park Drive #207, Norwell MA 02061 - (781) 878-4540