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## **2021 Women in Construction: Kara McGuane, Senior Interior Designer, Margulies Perruzzi**

March 26, 2021 - Spotlights



What was your greatest professional achievement or most notable project in the last 12 months?  
The most notable achievement would be passing my WELL Accredited Professional Exam this past

November.

What are you most looking forward to post-pandemic? I am excited to travel again! Pre-pandemic I was heading to the Azores for a Pilates retreat and I have a long list of vacation destinations including Costa Rica, Spain, Australia/New Zealand, and Amalfi Coast again.

How have you adapted and changed in the last 12 months? At first it was nice to roll out of bed and make breakfast or dinner from home. Over time the lack of human interaction and added Zoom fatigue started to set in. I try my best to get outside everyday and go for a half hour walk. I also do a Peloton spin or barre class because it helps me stay focused. If I am not at my desk, you will find me in the kitchen cooking or working on my cooking blog.

Why should women consider a career in construction? What is most empowering about being a woman in the construction sector is to see your design come to life. Women should consider a career in construction/interior design because you have the power to influence how people work, feel, and function in any given space.

Starting out in the construction business, who or what empowered you? My mom and dad have always been my number one fans, providing me with the foundation that you are able to accomplish anything you set your mind on. Provide everyone with respect, listen, and be empathetic. Throughout my construction journey, I am grateful for everything I have learned from my firm's project managers and colleagues.

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