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## **2022 Women in Construction: Megan Kane, Job Captain at Dennis J. Swart Architects (DJSA)**

March 25, 2022 - Spotlights



Megan Kane

When you're not busy, what is your go to book or podcast to help you unwind? I love both books and podcasts to help unwind after a busy work day. My latest binge is anything written by Colleen Hoover or Ruth Ware. I'm fascinated by mysteries and true crime in both books and podcasts. My favorite podcast at the moment is "I survived...". Each episode covers an amazing woman telling her story of surviving whatever it is that she faced. It's inspiring to hear how these ladies have shaped their lives from something of tragedy and trauma to that of advocacy, inspiration and strength.

What tips or advice would you offer to other women who are considering entering the construction industry? My advice would be to have confidence. I've struggled with confidence, myself, for a good portion of my career, dipping my toes in the realm of imposter syndrome. Something I've really tried to focus on lately though, is my self-talk. Telling myself that I know what I'm doing, what I'm talking about, that I'm great at my job. All of that helps towards growing and becoming a better person. There is something to be said of boasting too much confidence bordering on arrogance. Stay within reality, but know that you can do it.

Within your firm, who has helped you succeed within the industry? How have they helped you? It may sound cheesy, but my firm is like a giant family. We all want to see each other grow and succeed. In particular, one of my coworker's whom I've worked with over the past many years has especially helped towards my success. He exemplifies great work ethic, staying calm under immense stress, and always being available for whatever (dumb) questions I may have. Him along with all of my other coworkers are what makes me want to go to work each day. Finding an atmosphere like that in your job, makes life more enjoyable!

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