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## New dining, shopping, and wellness offerings to open at Arsenal Yards

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Watertown, MA Arsenal Yards is bringing several dining, shopping, and fitness venues opening over the coming months.

The openings coming soon include service offerings like Bond Vet, Arsenal Modern Dentistry, GNC, and KinderCare, beauty and wellness venues James Joseph Salon, Restore Hyper Wellness, Prenuvo, and Skin Laundry, fitness studios F45 Training, Rumble, [solidcore] and dining options TEN ONE TEA HOUSE, Chip City and Butterbird.

“After a successful year of numerous openings, bustling community events, and significant growth milestones, we could not be more thrilled to kick off 2023 strong with even more exciting new additions to the neighborhood,” said Tom Wilder, principal of Wilder. “These new openings at

Arsenal Yards expand upon the vibrancy and diversity that make our community so special – a place where our visitors, workers, and residents can experience what they enjoy most. We look forward to giving these new tenants the warmest of welcomes and continue to celebrate what truly makes Arsenal Yards greater Boston’s most vibrant new neighborhood.”

A sampling of upcoming openings at Arsenal Yards and spring includes:

#### Bond Vet with 365-day urgent care for pets

Bond Vet, the female-led primary and urgent veterinary care service, recently opened its fifth Boston-area location at Arsenal Yards, offering full-service treatment for pets. Bond Vet fills an important niche in veterinary medicine between primary care and emergency care.

Bond Vet can see patients in a timely manner to accommodate common issues like GI problems, wound care, and more. With same-day and walk-in appointments, easy online bookings, Bond Vet makes it easy and convenient for clients to receive treatment. Bond Vet at Arsenal Yards is located at 537 Arsenal St.

#### James Joseph Salon

James Joseph Salon, the award-winning hair salon with six existing locations throughout Massachusetts, will bring hair care and personalized service to Arsenal Yards.

Located at 61 Bond St., the salon will offer all services including washes, classic cuts, blow-dries, special occasion hair styles, balayage, and highlights from expert stylists skilled in the most current hair care techniques.

#### F45 Training to offer innovative and motivational group fitness classes

Hillcrest Health, LLC, a developer and operator of boutique high-intensity interval training studios under the F45 Training brand is coming soon to Arsenal Yards. F45 Training is a global fitness community specializing in innovative, motivational, and results-driven group workouts that are fast, fun, and high-intensity. F45 Training is a blend of personal training and group fitness with studios offering 45-minute high-intensity, circuit training workout classes seven days a week, and designed so members can attend every day or just a few times a week, with each class delivered by two dual-certified, elite personal trainers. F45 Training at Arsenal Yards will be located at 49 Bond St. and is slated to open this winter 2023.

#### Restore Hyper Wellness

From cryotherapy to hydrafacial, Restore is bringing its signature hyper wellness services. Restore’s system of total balance, energy and proactive healing helps people feel their best so they can do more of what they love. They offer core services like cryotherapy, red light therapy, infrared sauna and compression, along with specialty services like IV drip therapy, intramuscular shots, cryoskin and more. One of over 150 locations nationwide, Restore is slated to open this winter and will be located at 10 Bond St.

#### Rumble to bring boxing-inspired group fitness classes

Rumble brings its signature anthem “How You Fight Is How You Live” to Arsenal Yards with its 45-minute group exercise classes that explore both the skills and drills of boxing and transformative power of resistance training. With a mega-watt sound system and custom playlists only available at the Rumble studio, first time boxers to professional boxers can enjoy a powerful workout to motivational beats that keep you moving. Zero experience necessary, trainers will teach the core boxing moves in 10 rounds. Rumble is located at 519 Arsenal St. and slated to open this winter 2023.

[solidcore] to open the ultimate strength training studio

[solidcore] sets itself apart by being a high-intensity, low-impact full-body workout on a pilates-inspired reformer. With the lights down and music up, you’ll find a stronger version of yourself by the first song change. The core workout utilizes slow and controlled movements scientifically designed to break down muscles [to failure] so they build back stronger. Offering a 50-minute immersive experience for results you can see [and feel] immediately.

Prenuvo to provide whole body cancer and disease screenings

Utilizing cutting-edge technology in a safe and comfortable environment, Prenuvo is bringing radiation-free MRI scans with the goal of detecting over 500 cancers and diseases. Prenuvo revolutionizes healthcare by providing fast, clinically significant insights to empower people to become advocates for their own health and live their best life. They offer everything from detailed head and torso scans to comprehensive full body scans to detect and isolate tumors, to providing complete post-exam assessments to determine the best next steps in caring for your health. With 8 locations across North America with more on the horizon, Prenuvo is slated to open this spring 2023, located at 12 Arsenal Yards Blvd.

Skin Laundry to offer not-your-average facials

Skin Laundry uses advanced technology and medical grade lasers to rejuvenate skin cells, boost collagen production, and improve skin clarity for the most transformative results.

Completely non-invasive, Skin Laundry’s ethos of providing safe, personalized, and effective skincare is brought to life with its deep-cleaning Signature Laser facial, resurfacing Thermo Fractional facial, and rapid Ultra Duo facial, along with add-on services for neck, chest, and hands. Located at 124 Bond Sq., the Arsenal Yards Skin Laundry location is expected to open in spring 2023.

TEN ONE TEA HOUSE to offer health artisanal beverages

Located at 105 Bond Sq., TEN ONE TEA HOUSE provides healthy beverages for the tea lover with simple, high-quality ingredients. With the goal of inspiring imbibers to appreciate the art of tea and live a healthy lifestyle, TEN ONE TEA HOUSE offers everything from tasty seasonal specials like the Strawberry Milk Tea to sweet fresh fruit teas to matcha blends, plus an array of signature desserts to enjoy. With four locations around Boston and Providence, TEN ONE TEA HOUSE is expected to open its Arsenal Yards location in spring of 2023.

Chip City brings its famous NYC Cookies to greater boston

Born in Astoria, Queens in 2017, Chip City is known for its delicious cookies in a variety of flavors. From unique offerings like everything, lemon berry, and peanut butter and jelly to the classic chocolate chip, Chip City brings cookie lovers back to their childhood. With multiple locations across Manhattan and Long Island, Chip City makes its Greater Boston debut at Arsenal Yards' Bond Sq. later this year.

Chef Jason Santos debuts second Arsenal Yards restaurant

Celebrity chef and restaurateur brings another taste of Southern hospitality to East Watertown with the opening of Butterbird, a fast-casual, all-day restaurant. From savory biscuit breakfast sandwiches to fried chicken sandwiches, beignets, salads, and more, Butterbird joins Santos' popular Buttermilk & Bourbon. Butterbird is slated to open at Arsenal Yards spring 2023.

These latest additions to Arsenal Yards will join the existing venues that have opened over the past few years including fan-favorite restaurants like Buttermilk & Bourbon, Taffer's Tavern, Kura Sushi, Condesa Restaurante Mexicano and Tequila Bar, Tori Jiro, sweetgreen, Vitality Bowls, Shake Shack and Frank Pepe, plus grocery options like Roche Bros. and Gordon's Wine, and cinema The Majestic 7. Dedicated outdoor space including the bustling Bond Square, the River Green, and all-new Arsenal Green in Arsenal Park offer spaces to enjoy the fresh outdoors and connect with others in the Watertown community through various outdoor events and activations all year long.

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