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2023 Women in Construction: Meghan Hennessey, Windover Construction

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Meghan Hennessey
Senior Estimator

Windover Construction

What made you interested in seeking a career in the AEC industry? What drew me to general construction, as opposed to a specialty, is the variety of systems, conditions, and client needs we come across on each project. No two projects are the same – each has its own unique challenges and opportunities to learn. Within construction, I found estimating to be the best fit for me. Besides the math involved with putting together a budget, I love envisioning in my head how a building and design elements will come together, putting together all of the layers piece by piece like a pseudo time-lapse video.

What tips or advice would you offer to other women who are considering entering the construction industry? My advice is to show up as your full self every day. Your perspective has merit, and your opinion is valued when it comes from a place of authenticity. For me, that means talking quickly without apology, hanging wallpaper in my office, and listening to Broadway musicals as my focus music. I know I do my best work when I feel like myself, and I have achieved greater personal and professional growth since accepting that my role is to stand out at the table, not blend in.

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