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Project of the Month: Garland Building Company completes 4,500 s/f relocation of One Medical to 53 State St., Boston

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Boston, MA Garland Building Company, a full-service construction management firm specializing in corporate interiors, has completed the relocation of One Medical from 28 State St. to 53 State St. One Medical is a membership-based primary care practice that aims to provide comprehensive and convenient healthcare services to its members. The company's model is centered around the belief that healthcare should be patient-focused, accessible, and efficient. With a combination of cutting-edge technology, modern clinics, and a team of top-tier healthcare professionals, One Medical has been redefining the traditional healthcare experience.

One Medical partnered with Garland Building, Case Engineering and CallisonRTKL to renovate their new 4,500 s/f Financial District location. Located outside the MBTA's State St. T stop, One Medical positioned itself in a convenient street-level location. In today's fast-paced world, access to high-quality healthcare that prioritizes convenience and personalized care has become increasingly important.

The interior design of the medical office played a pivotal role in the construction process, aiming to create a welcoming and comfortable environment for patients while maintaining functionality and efficiency for healthcare professionals. The reception and waiting area greet patients with vibrant colors, tall ceilings, and Fortina film-wrapped aluminum louvre slats, creating a contemporary and inviting atmosphere. Additionally, a secondary stair entrance from the 53 State lobby, adorned with new glass panels and a sleek wood oak railing, adds to the clinic's modern aesthetic.

Beyond the reception area, the clinic features eight spacious consult rooms, one lab station, two single-use ADA restrooms, and back-of-house management office and break room, all designed with comfort and convenience in mind. The clinic's two-story glass fronts provide ample natural light, contributing to a bright and welcoming ambiance, setting it apart from the traditional doctor's office.

The completion of this medical office project marks a significant achievement for Garland Building Co. and an important addition to the healthcare landscape of downtown. The collaborative efforts of Garland Building Co., Case Engineering, and CallisonRTKL have resulted in a state-of-the-art healthcare facility that aligns with One Medical's mission of providing patient-focused, accessible, and efficient healthcare services.

The new One Medical clinic in downtown is poised to redefine the traditional healthcare experience and serve as a beacon of modern healthcare in the heart of the city.

The project team included:

Garland Building - General Contractor
Case Engineering Inc. - MEP and Structural Engineering
CallisonRTKL - Design
One Medical - Tenant

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