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## MarketStreet expands with three new health and wellness offerings

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Lynnfield, MA MarketStreet Lynnfield begins the spring season with an expansion of three openings among its collection of health & wellness offerings. MarketStreet welcomes the openings of Skin Laundry, Restore Hyper Wellness and Wellness in Motion. With these new offerings, MarketStreet Lynnfield expands upon its roster of health and wellness businesses and further adds to its diverse collection of retail, dining and services, creating an exemplary lifestyle experience.

“Health and wellness have always been at the core of our community, and we’re excited to add to that mix with three recognized and innovative brands,” says Charlotte Woods, general manager of MarketStreet Lynnfield. “Each offers its own signature state-of-the-art services, fitting in perfectly with our other like-minded health and wellness offerings – from Pure Barre and Solstice Power Yoga to our popular outdoor fitness class series, MarketStreet SWEAT, and even some of our healthy

food & drink options such as Squeeze Juice Co.”

Skin Laundry, now open, offers an extensive suite of high-tech complexion care treatments, including the newest long-pulse Nd:YAG laser device and most advanced non-laser skin resurfacing technology. Skin Laundry has bridged the gap between expensive medical procedures once only available in doctors’ offices and affordable, no-downtime treatments delivered in welcoming clinics. Skin Laundry re-imagined the high-downtime, often painful treatments once only available at the dermatologist’s office and, using the most advanced energy-based technology including medical-grade lasers and Thermo Mechanical Action resurfacing devices, developed proprietary protocols to perform transformative treatments that are safe for all skin types, virtually painless, and have little to no downtime. Skin Laundry launched its first location in Santa Monica in 2013.

Restore Hyper Wellness, an Austin-based health and wellness center and the nation’s leading provider of proactive wellness solutions is now open at MarketStreet Lynnfield. The new location offers a variety of services geared towards helping people in need of chronic pain management, accelerated injury recovery, improved athletic performance, enhanced immune wellness, and healthspan longevity. Its most popular services include:

- Whole Body Cryotherapy to help release endorphins and reduce inflammation in the body, providing a mood and energy boost, relieving muscle pain, & improving sleep.
- IV Therapy to deliver vital hydration and micro nutrients that provide a range of benefits, including helping detoxify the body and improving its immune function, brain health, energy and longevity.

Guests can also expect treatments like red light therapy, stretch therapy, mild hyperbaric oxygen therapy, compression therapy, infrared sauna treatments, facials and so much more.

Wellness in Motion, now open, is a multidisciplinary clinic with one focus: helping its patients return to the activities that help them live a full and healthy life. Originally founded by Dr. Ian Nurse as a Chiropractic clinic, Wellness in Motion has since expanded to make it one of Greater Boston’s leading one-stop-shops for everything from physical therapy, acupuncture, and massage therapy to nutrition services, sports psychology, personal training and more. Wellness in Motion specializes in the treatment of soft-tissue related injuries utilizing treatments such Active Release Technique (ART), Graston, Dry Needling and Shockwave therapy. Focusing on a holistic approach, the wellness team works with clients to find a plan that will get them back on their feet and back to doing what they love.

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