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Ingalls of Malone Commercial Brokers leases 2,500 s/f to Coastline Direct Primary Care

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Shown are Andrew Ingalls and Dr. Kelsey McDonald

Scarborough, ME Malone Commercial Brokers leased 2,500 s/f to Dr. Kelsey McDonald at 144 US Route One to introduce Coastline Direct Primary Care. Andrew Ingalls of Malone Commercial Brokers brokered the transaction.

Dr. McDonald shared her vision for Coastline Direct Primary Care, emphasizing the need for a departure from the conventional fee-for-service model. “The idea is really to simplify primary care outside of the insurance world,” she said. Currently, the traditional healthcare system is burdened with administrative complexities, resulting in delayed and fragmented care. Coastline Direct Primary Care aims to address this by offering patients a direct relationship with Dr. McDonald through a

monthly membership fee.

Dr. McDonald also highlights the business benefits of her model, discussing how small businesses can contract with Coastline Direct Primary Care to offer affordable and accessible primary care services, potentially improving employee retention.

The medical office space at 144 US Rte. One will undergo renovations to create a modern and welcoming environment. Dr. McDonald envisions the space evolving into a hub for healthcare services, potentially accommodating additional healthcare providers.

Coastline Direct Primary Care is set to open in early March 2024, promising a refreshing healthcare experience for the Scarborough community. Dr. McDonald invites patients to join her on this journey towards simplified, patient-focused primary care. “It’s really an amazing model,” she said, “I think this is the way of the future.”

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