

Foster of Boulos and Baumann of Compass lease 3,018 s/f to EA Fitness

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Portland, ME EA Fitness & Performance is relocating to 56 Northport Dr. The new 3,018 s/f space more than doubles the footprint for the personal training studio. Evan Amell started EA Fitness in 2019.

In 2022, Amell began working with Cameron Foster of The Boulos Company, in search of a larger space, not too far from the original location so as not to inconvenience existing clientele. It took more than 12 months, but when 56 Northport became available, "The space checked the box for Evan and his team," said Foster. "It was on the first floor, had large windows, great natural light, and a big, accessible parking lot. It took time, but working with Evan long before a decision needed to be made was critical in implementing a successful relocation."

"This move is a great opportunity for us to bring our brand of judgment-free, have-fun-with-it fitness to a wider community," said Amell.

Steve Baumann of Compass Commercial Brokers represented the landlord, 56 Upham, LLC.

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