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The American Heart Association teams up with construction cos. for Hard Hats with Heart 9/9

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Warwick, RI The American Heart Association teaming up with southern New England construction companies for Hard Hats with Heart on September 9th to raise awareness about heart disease and stroke, which disproportionately affects those working in the construction sector.

The annual networking event will take place from 8:00 a.m. to 10:00 a.m. at The Crowne Plaza, 801 Greenwich Ave. Attendees will hear from industry leaders, speakers from the American Heart Association, and learn about company wellness initiatives.

Hard Hats with Heart is an industry-specific initiative from the American Heart Association dedicated to improving the cardiovascular health of those working within Rhode Island's construction industry. The campaign's focus is to integrate health, well being, and prevention solutions into industry culture.

"Heart disease is the No. 1 killer of construction workers – you can't be safe without your health," said Gretta Jacobs, Development Director at American Heart Association. "It's no secret that industrial careers are hard work. They are physically and mentally demanding, requiring early start times, strenuous activity and often, eating what's on hand rather than what's healthy. It's time for all of us to prioritize a healthier and more efficient workforce."

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