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Kaplan Construction finalizes build of 4,000 s/f obstacle training facility

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Boston, MA Kaplan Construction has completed the construction for a new obstacle training studio for Action Athletics. The facility, located at 42 Guest St. within Boston Landing's Auerbach Center, marks the Wellesley-based company's third location.

Designed by Arrowstreet of Boston, the 4,000 s/f facility features a collection of authentic Ninja Warrior-style obstacles including the Warped Wall and Salmon Ladder. The gym also includes areas for parkour, climbing, and strength training. Additionally, Kaplan built a reception area, staff offices, and accessible bathrooms with showers. To achieve an industrial feel, the walls were finished with a mix of brick, metal panels, and oriented strand board (OSB) panels.

The space also received new mechanical, electrical, plumbing, and fire protection (MEP/FP)

systems. Due to limited space on the roof for mechanical units, Kaplan installed the air handler above the offices and between the custom light fixtures. The installation, done out of sequence due to long lead times, required careful maneuvering to bypass the finished lighting.

Action Athletics is currently open and offers daily classes, private lessons, personal training, and open gym time. It is located within the Boston Landing campus, a 1.9 million s/f mixed-use development featuring office space, retail stores, restaurants, and sports-related uses.

“Action Athletics is one of the first and oldest dedicated ninja obstacle training facilities in the country,” said Nate Brosey, founder and co-owner of Action Athletics. “When we decided to build a new location in the vibrant neighborhood of Boston Landing, we knew we needed an experienced construction team who would be able to adapt to our unique design. Kaplan helped us deftly navigate the challenges of bringing our premium ninja experience to the community.”

The project team members include:

Developer: New Balance Development Group

Owner: Action Athletics

Construction Manager: Kaplan Construction

Architect: Arrowstreet

Mechanical: Breen & Sullivan Mechanical Services

Electrical: Platinum Electrical Services

Fire Protection: Lynco Fire Protection

Plumbing: J.P. Campbell

MEP/FP Engineer: Wick Fisher White

Obstacle Equipment/Installation: Stage 4 Designs

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