

## 2025 Ones To Watch - Rising Stars: Jamie Muntz, BOND Civil & Utility Construction

May 23, 2025 - Spotlights



Jamie Muntz Superintendent

"Jamie's passion for the field has been clear since she joined BOND as an intern: volunteering for tough jobs, following the work where it took her, and embracing the challenges of life in the field. Her ability to connect with craft teams and project managers alike and earn the trust of clients and partners has always set her apart. She brings intelligence, organization, and a calm, commanding presence to her role as a Superintendent. She's a force of leadership we're proud to have in the field." - Kane Cuddy, President, at BOND Brothers, Inc.

If you could give advice to someone just starting out in your field, what would it be? I was once told by a colleague, "Don't let them know how smart you are, you'll end up with more work." Several years into my career, the advice I'd give is the opposite: Let them see you are curious, determined, and eager to learn. Speak up, contribute and collaborate. You have more to offer than you realize and your voice deserves to be heard. With this mindset, I've gained a deeper understanding of the business, earned trust and respect from my project teams, discovered the valuable insights I have to offer. I've built a reputation for creative problem solving and thinking outside- the- box.

Who has played a pivotal role in your development, and how have they influenced you? Independence and success are earned, and it all starts with someone willing to take a chance on you. For me, it was my first boss at BOND. He made sure to facilitate my hands- on learning experiences in the field, adamantly held our weekly check- ins, he included me in planning meetings, and I could tell he recognized my potential. He gave me opportunities to find my footing and voice on big projects, trusted me to get the job done, and was there to support me when I needed him. Now, these are traits that I've adopted in my leadership approach.

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