



CELEBRATING
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2025 Ones To Watch - Rising Stars: Ryan Vultaggio, J. Calnan & Associates

May 23, 2025 - Spotlights



Ryan Vultaggio
Senior Project Superintendent

“Ryan’s talent, grit, and leadership make him an undeniable Rising Star. He’s not only really good at what he does – he’s incredibly likeable and well respected. From leading complex builds like FDA-regulated manufacturing facilities and DPH- regulated clinics to mentoring new talent, Ryan leads with heart, hustle, and humility. Clients trust him. Teams rally around him. He embodies the JC&A way in every sense.” - Jay Calnan, CEO at J. Calnan & Associates.

What recent professional milestone or project are you most proud of, and why? In 2023, I wrapped a 300,000 s/f life science core and shell repositioning in Waltham – a project I still think about often. I wore many hats, from leading a 150,000 s/f tenant fit- out to managing roof work, hardscape, and life safety systems. It pushed me, and I loved it. With a neuroscience degree from Trinity, this project reignited my passion for life sciences. We weren’t just building space – we were enabling breakthroughs. Best of all, the team made even 5 a.m. starts and high- pressure days something I looked forward to.

What’s one challenge you’ve overcome in your career so far, and what did it teach you? One of my biggest challenges has been overcoming my age in a field led by older generations. I started as an Assistant Superintendent at 24 and quickly learned that earning respect takes time. I adjusted by connecting with each worker individually – whether it’s talking sports or family – building trust and creating a productive environment. Knowing names and showing genuine interest has made all the difference in motivating teams and ensuring safe, successful projects.

If you could give advice to someone just starting out in your field, what would it be? You’ll never know everything – and that’s okay. As a Superintendent, you’re expected to have answers, but construction is complex and constantly evolving. I’ve learned the value of asking questions and relying on experts to ensure the best results. From my millwork roots to managing lab gas systems and clean rooms, I’ve had to adapt and learn. Stopping to ask the right questions may feel like slowing down, but it’s how we build it right – the first time.