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Maregni of Cummings Props. reps. The Sports Spa in 1,500 s/f lease

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Serious athletes, stressed out workers and chronic pain sufferers now have a first-class space that caters to their needs. The Sports Spa, LLC, formerly Toomey Sports, has leased 1,500 s/f at 300 TradeCenter 128 with Cummings Properties.

The Sports Spa, which previously leased space from Cummings in Stoneham, needed more space to accommodate its growing client base. The Sports Spa reportedly offers a wide range of services from an Alter-G anti-gravity treadmill to sports specific training and hot Epson salt soaks. Its space also includes a personal fitness and stretching area.

According to company officials, the Alter-G anti-gravity treadmill is highly regarded for its training and rehabilitation capabilities. Designed by NASA engineers, it is capable of unloading up to 80% of a user's body weight, which enables individuals to reduce their effective body weight for health and medical applications, decrease the risk of injury and expand athletic training and conditioning. The Sports Spa's Alter-G is said to be one of the first ones in New England.

Owner Mike Toomey, a nationally certified massage therapist and a certified Active Release Technique practitioner, said he was looking forward to the new space for the free ample parking as well as great visibility. The Sports Spa has its own entrance across from the landscaped pond on the inner courtyard of TradeCenter 128.

Tom Maregni, a Cummings Properties' associate property manager who represented the firm in the lease transaction, said, "With all of the medical offices located in this area, we expect that many of their clients from post-surgery patients to pregnant women will find the Sports Spa's services extremely valuable and convenient. In addition, the numerous athletes in the area will likely want to sample The Sports Spa's unique offerings."

Toomey was also impressed with the building's construction that was built to foster a healthy environment. TradeCenter 128 was designed to be green, Maregni commented. It is LEED Gold pre-certified, has operable windows, improved air quality, green housekeeping and was built using low VOC paints and construction materials.

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