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Consigli Const.'s Maine team completes 9,000 s/f renovation at Central Maine Medical Center in Lewiston with PDT Arch.

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Consigli Construction Co., Inc.'s Maine operations have completed the construction of a new sleep lab for Central Maine Medical Center (CMMC), taking former shell space and converting it into a medical research area.

After an extensive pre-construction program helped CMMC develop a budget that addressed their needs for additional sleep lab space, Consigli and PDT Architects in Portland worked closely to convert the basement of the hospital into a sensitive research and observation area. The 9,000 s/f lab contains acoustical walls and ceilings, which required close coordination between the hospital staff and Consigli to create an environment with the proper sound qualities.

The basement region presented the team with two additional challenges: it contains the underground garage entrance for doctors and is ground-zero for all hospital utilities. Consigli maintained access at all times for staff, while keeping utilities online and the elevator functional. The team also maintained proper protocol for infection control and interim life safety measures, and structured demolition efforts around the schedule of the operating room and other hospital operations.

Consigli, established in 1905, is a construction manager and general contractor serving academic, corporate, healthcare, and institutional clients throughout New England and New York state. The company, an industry leader in environmentally sound building practices, was recently recognized by the Boston Business Journal as one of the Best Places to Work in Massachusetts and in Maine by Best Companies Group. Consigli has offices in Enfield, Conn., Portland, Me. and Milford, Mass.

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