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Richardson Kickboxing takes 14,500 s/f at WinBrook Business Park

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Winstanley Enterprises welcomes its newest tenant to WinBrook Business Park, its newly-constructed, speculative commercial development. Richardson Kickboxing, a mixed martial arts, cardio and family fitness center is among a group of tenants to move into WinBrook's first phase, a 3-building, 169,000 s/f office/flex complex located on the west end of Brook St., one mile off Exit 23 on I-91. They join Surgi-care, Inc. and ADI Honeywell which moved into WinBrook in 2008.

Richardson Kickboxing had the grand opening for their facility at 712 Brook St. in January. The center is owned by Reninca LaBella and is a combination of a full service fitness facility with martial art programs for both children and adults. Richardson Kickboxing recently expanded its boxing program to include more cardio boxing, sparring and even intermediate and advanced training.

The facility, which totals over 14,500 s/f, offers men and women's locker rooms, a cardio deck, women's circuit, conference room, juice bar, lounge area, retail store, step mills, treadmills, weight area, climbing wall, a 24 ft. professional boxing ring and a professional size MMA fight cage. Crossfit Connecticut will be joining Richardson Kickboxing, too.

The first phase of WinBrook Business Park, completed in late October 2007, is situated on a 17.8-acre parcel located in the Corporate Ridge area of Rocky Hill, across from 777 Brook St. It consists of two 58,000 s/f and one 53,000 s/f office/flex buildings designed to mirror those at Rocky Hill's Inwood Business Park, also owned by Winstanley Enterprises.

Winstanley Enterprises also recently sold 92 acres of land on Brook St. to The Stellar Group who recently completed construction of Burriss Logistics, a two-phase 500,000 s/f refrigerated warehouse and distribution center for BJ's Wholesale Club.

OR&L Commercial, LLC, along with CB Richard Ellis New England represented Winstanley in leasing space at the WinBrook complex.

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